



Healthpointe Medical Group Launches a New Weight Management Program

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Weight Management and Diet Program promotes calorie balancing and healthy weight loss

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Healthpointe has announced a new Weight Management Program which provides patients with the proper supervision to safely and efficiently reach a healthier body weight. The weight management program is now offered at all Healthpointe centers throughout Southern California including the clinics in Anaheim, Irwindale, Long Beach, Los Angeles, and Temecula.

In an effort to maintain health and help prevent diseases, Healthpointe has introduced their weight management program into its clinics. Utilizing a plan which combines supplemental vitamins, strategic exercises, and lifestyle adjustment advice, Healthpointes program is sure to establish a stable foundation for patients seeking to modify their eating and exercise habits.

The program is comprised of several different components, including individually tailored weight loss regimens, expert nutritional guidance, and optional FDA-approved weight loss drugs such as Phentermine and Tenuate. Healthpointes weight management program is based on the Food and Nutrition Board, as per the Institute of Medicine, which explores national health and establishes the proper principles for good nutrition.

Each patient enrolled in the program receives a informative diet and nutrition booklet and a customized weight loss plan from a team of Lifestyle and Nutrition Counseling specialists.

To begin planning a successful weight loss program, contact Healthpointes Weight Management program at (800) 956-2663 or schedule an appointment through <http://www.HealthpointeMD.net>.

About Healthpointe:

Healthpointe is a leading multidisciplinary healthcare organization offering a full range of medical services in practice locations throughout Southern California (Los Angeles, Orange, San Bernardino and Riverside counties). As a highly regarded musculoskeletal group, we have a personal investment in the highest level of service, and we are proud of our record of excellence over the last four decades with private patients, injured workers, urgent care, personal injuries, and professional and non-professional athletes. Leading our organization is a dynamic team of healthcare professionals who continually strive to be at the forefront of medical innovation and healthcare service delivery. For more information, a complete list of services, and Healthpointe locations, visit <http://www.Healthpointemd.net>

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